



List of Services and Fee Schedule

Pricing is based on **time spent and complexity** of each individual appointment or phone call follow-up.

Payment is required in full at the time of service. We accept VISA, Mastercard, Select HSA/FSA cards, American Express, and Discover Cards. **We do not accept insurance.**

Visits will be **virtual** via a HIPAA secure tele-health platform.
Instructions will be given upon scheduling.

Initial Hormone/Thyroid Consultation* (60-75 minutes) \$250

*At least one Follow-Up Appointment is required after initial Hormone or Thyroid consultation. This allows mutual assessment and evaluation of the initial plan of care and allows consideration of adjustments to prescriptions if needed.

Additional Follow-Up Appointments, as needed (20-60 minutes) \$100 - \$225

Annual Hormone Maintenance Appointment* (30 minutes) \$125

*The clinical standard of care requires active prescriptions to be evaluated and assessment of need to be updated every year. Continuation of hormone prescriptions will necessitate a maintenance appointment once per year. An additional fee may be added for appointments lasting more than 30 minutes and/or if changes or new therapies are being requested.

Wellness Consult and Screening Labs Package* (75 minutes) \$449

*This Appointment offers an educational-based, individualized discussion and lab review centered on promoting an anti-inflammatory/wellness diet and lifestyle plan. A comprehensive screening lab panel is included in the package price and the consultation appointment will be individualized based on these lab findings. You will also receive printed handouts and educational materials to refer to during the appointment.

Short Follow-Up Phone Call with Provider, as needed (10-20 minutes) \$60 - \$80