



List of Services and Fee Schedule

Payment is required in full at the time of service. We accept VISA, Mastercard, Select HSA/FSA cards, American Express, and Discover Cards. **We do not accept insurance.**

All Appointments will be **virtual** via a HIPAA secure tele-health platform.

Initial Hormone/Thyroid Consultation* (60-75 minutes) \$275

This appointment offers an in-depth consultation focused on optimizing Hormone and/or Thyroid health.

At least one Follow-Up Appointment is required after initial Hormone or Thyroid consultation. This allows mutual assessment and evaluation of the initial Plan of Care, and allows consideration of adjustments to prescriptions if needed.

Wellness Consult and Screening Labs Package (75-90 minutes) \$499

This Appointment offers an educational-based, individualized discussion and lab review centered on promoting an anti-inflammatory/wellness diet and lifestyle plan. A comprehensive screening lab panel is included in the package price, and the consultation appointment will be individualized based on these lab findings. You will also receive printed handouts and educational materials to refer to during the appointment.

Annual Hormone Maintenance Appointment (up to 30 minutes) \$150

The clinical standard of care requires active prescriptions to be evaluated and assessment of need to be updated every year. Continuation of hormone prescriptions will necessitate a maintenance appointment once per year. An additional fee may be added for appointments lasting more than 30 minutes and/or if changes or new therapies are being requested.

Additional Follow-Up Appointments, as needed (10-75 minutes) \$80 - \$250

Pricing is based on time spent and complexity of each individual Follow-Up appointment.